

Heavenly Goshen July 2026 Update

Transforming Lives Through Empowerment, Entrepreneurship, and Hope



Heavenly Goshen Inc.

This newsletter highlights the continued impact of Heavenly Goshen's women's empowerment, teens mentoring, and community development programs. Through counselling, mentorship, entrepreneurship, and financial literacy training, women and families are gaining practical skills, confidence, and renewed hope for a sustainable future.

Prepared for friends, partners, donors, and well-wishers of Heavenly Goshen Inc.

A Message from the Executive Director

Dear Friends, Partners, and Supporters,

Welcome to the July 2026 Heavenly Goshen Newsletter. As we reflect on the progress made through our programs, we are deeply grateful for the faithful support that continues to make transformation possible for women, teens, and families in the communities we serve.

In this edition, we celebrate the remarkable progress of women from Cohort 10 who are putting their training into practice by establishing and growing their own businesses. Their stories demonstrate the power of holistic support that combines counselling, mentorship, entrepreneurship training, and financial literacy with the dignity and confidence needed to rebuild lives.

We also share updates from our Teens Mentoring Program and introduce our vision for an IT Resource Center that will help young people develop valuable digital, technology, and creative skills. These efforts reflect our ongoing commitment to strengthening families, expanding opportunity, and creating a future filled with hope.

As we prepare for Cohort 11, we invite you to continue partnering with Heavenly Goshen through giving, prayer, advocacy, and community support. Together, we can restore hope, strengthen families, and empower more individuals to live with dignity, purpose, and self-reliance.

With sincere gratitude,

Grace Mutua

Executive Director, Heavenly Goshen Inc.

Cohort 10: Women Turning Training into Opportunity

All 20 women who were part of Cohort 10 are putting their training into practice by establishing and growing their own businesses, taking meaningful steps toward economic independence and self-reliance. Their businesses are becoming sources of income, stability, and renewed confidence for their families.

Success Story: Zippy Mwikali

From rebuilding confidence to building a small business

Today, Zippy Mwikali is known in her community as a successful business owner. Her small shoe shop serves families seeking affordable, quality footwear in her neighborhood and beyond. Customers know her for honesty, warm service, and consistency.

Few people know that behind the confident entrepreneur is a woman who once struggled with the effects of gender-based violence. The abuse had eroded her confidence and made her believe that she had no power to make decisions for herself.

Everything changed when Zippy joined Heavenly Goshen's Women's Empowerment Program. Through entrepreneurship training, mentorship, and psychosocial support, she began to see herself not as defined by past circumstances, but as a woman with potential and purpose.

With the knowledge and confidence she gained, Zippy started a small shoe business. What began with a few pairs of shoes has grown into a reliable source of income that enables her to provide for her family, educate her children, and plan for the future with confidence.

What began with a few pairs of shoes has grown into a reliable source of income for her family.

Zippy's story reflects Heavenly Goshen's mission of restoring hope and empowering women to live with dignity and purpose. Through holistic support, women are equipped with business skills and empowered to become confident leaders who strengthen their families and communities.



House visit



During training

Office Interview

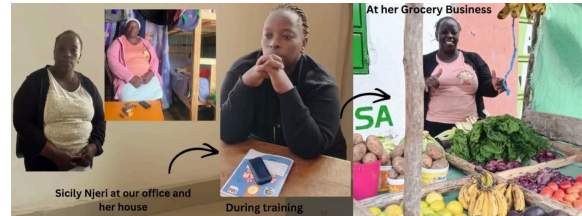


At her Business

Zippy Mwikali at home, training, interview, and business

Success Story: Sicily Njeri

Healing, economic empowerment, and renewed hope



Sicily's journey shows how counselling, mentorship, and practical training can help a survivor rebuild confidence and create a more stable future.

When Heavenly Goshen visited Sicily Njeri at her home in Ruai, years of gender-based violence had left her emotionally broken, financially dependent, and struggling to provide for her children.

Through Heavenly Goshen's women's empowerment program, The Unveiled and Delighted Woman, Sicily found more than support. She found people who believed in her before she could believe in herself.

I had lost myself. I didn't believe I could ever stand on my own.

Through trauma-informed counselling, mentorship, entrepreneurship, and financial literacy training, Sicily began rebuilding her confidence and discovering her strengths. After three months, she used her new skills and support to start a small grocery business in her community. Today, the business helps support her family, pay her children's school fees, and save for the future.

Her greatest transformation goes beyond income. Sicily now encourages other survivors to seek help and believe that their past does not define their future. Her story shows what becomes possible when a woman is given the opportunity to heal and become economically empowered.



Teens Mentoring Program

Positive ripple effects for young people and families



Teens during class and group activities.

There was a time when we only had one meal a day because my mum didn't have a stable source of income. Today, because her business is doing well, we are able to have three meals a day. I am grateful because life at home has really changed, and it has given me hope for a better future.

This testimony highlights the positive ripple effect that strengthened household livelihoods can have on young people's well-being, confidence, and outlook on life. It is a powerful reminder that empowering families creates an environment where children and teens can thrive.

Key outcomes highlighted in this update:

- Improved household stability
- Stronger family support systems
- Increased hope and confidence for young people
- Greater opportunity for children and teens to thrive

Empowering the Next Generation Through Technology



We are excited to launch an IT Resource Center for our Teens Mentoring Program. This center will give young people opportunities to develop valuable computer, digital, and creative skills.

Through hands-on learning, participants will gain practical experience with technology, digital literacy, creative design, and other skills that can help prepare them for future educational and career opportunities.

How You Can Help

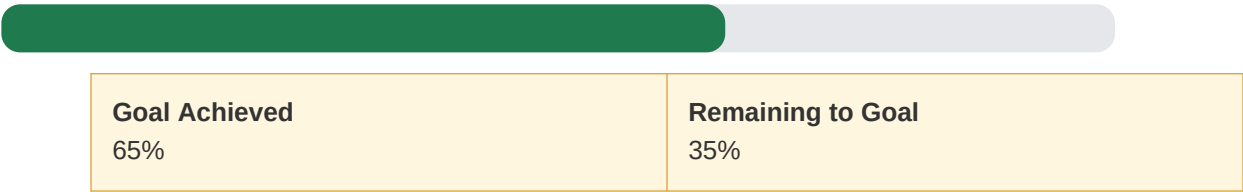
- Donate gently used laptops, cameras, and other technology equipment
- Contribute \$100 to help provide a refurbished laptop for a student
- Share this initiative with your network

Together, we can bridge the technology gap and open new doors of opportunity for the next generation.

Financial Update & What Is Next

Because of the faithful support of partners, friends, and donors, Heavenly Goshen has reached 65% of the 2026 fundraising goal. This brings the organization closer to expanding its impact in the communities served.

Progress Toward Our Goal



Looking Ahead: Cohort 11

As Heavenly Goshen prepares for the launch of Cohort 11, the need for partnership remains urgent and meaningful. Individual supporters, churches, organizations, and well-wishers are invited to help transform more lives through giving, prayer, advocacy, and community support.

Your support enables Heavenly Goshen to continue providing healing, restoration, hope, dignity, and economic empowerment to survivors and their families. Together, we can continue restoring lives, strengthening families, and building a future filled with hope for generations to come.

Ways to Support

Zelle / Venmo / CashApp: 470-738-2428

Donate online: <https://www.heavenlygoshen.org/donate>

Thank you for standing with Heavenly Goshen Inc. as we restore hope, strengthen families, and empower communities.